

WCTU New Zealand

Volume 65, No 2
Winter 2010

WHITE RIBBON DIGEST

*"Promoting a Lifestyle Free of Alcohol
and other Drugs"*

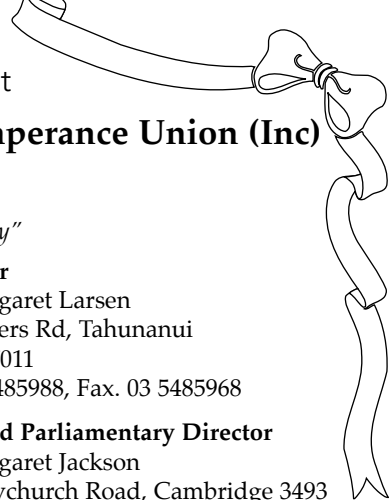


Ruth Hillsdon addressing public reception

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123rd NZWCTU Convention
NZ Shambles and Shame
Alcohol Action

Plus more
WHITE RIBBON DIGEST

New Zealand Women's Christian Temperance Union (Inc)
Organised 1885



**New Zealand Women’s Christian Temperance Union (Inc)
Organised 1885**

“For God Home and Humanity”

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Choice Words

"The joy of the Lord is your strength"
(Nehemiah 8v10)

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PRESIDENT’S COMMENTS

In 1893 following a long and often bitter battle New Zealand became the first country in the world to give women the vote.

In 1995 I was handed a book by a friend entitled ‘A Challenge Not a Truce’ and told I needed to read this book. It was through this book (a history of the New Zealand Women’s Christian Union (WCTU) written by Jeanne Wood) that I became aware that the WCTU still existed today. Following their great victory in 1893 they have continued on to this day working to make a difference.

When I look at the New Zealand and world history of WCTU and the men and women who have gone before us I feel daunted as I embark on this journey as ‘President of the NZWCTU’. Then I remind myself that God is the true president and I must daily put myself and WCTU in his hands.

Throughout history women and men have proven what can be achieved when they truly feel passionate about a cause. Unfortunately this is often borne about by a tragedy that is the trigger as in the case of our own Rebecca Oaten, dubbed the "helmet lady" in the media. She started a campaign in the late 1980's advocating for compulsory helmets after her son was permanently brain damaged after a vehicle knocked him off his bike. Her campaigning was largely responsible for the law requiring safety helmets to be worn.

Twenty-five years ago in the USA, a heartbroken mother made a pledge in her deceased daughter’s bedroom. She would do something about the outrage of drunk driving—a decision that quickly inspired a handful of grieving, determined mothers to join in the fight and the organisation MADD ‘Mothers Against Drunk Drivers’ was born. According to the information on their website, fatalities from alcohol-related motor vehicle accidents have dropped from an estimated 30,000 in 1980 to fewer than 17,000 today.

We do not need to create or start new organisations to fight this fight against alcohol and other drugs; we already have a vessel with a proud history.

The bad news is that the problem is as big as it ever was, drunken violence, Fetal Alcohol Syndrome, ruined lives from alcohol and other drugs to mention just a few.

The good news is that over the past year there has been a growing awareness of the hideous problem we have in New Zealand both from higher up in our organisations and from the public at large.



Ruth Hillsdon

At our recent annual convention in March 2010 we unanimously voted to rejuvenate and grow over the next 2 years.

I encourage you today don't wait for any more tragedies to be the trigger in your life or of someone you know or care for.

Become part of this exciting journey of rejuvenation and growth, become involved! Contact me or talk to one of the other contacts from this digest.

Share your ideas and join this fight at whatever level you are able.

and - Remember at all times who is really in charge

"I Can Do All Things Through Christ Who Strengthens Me"
Philippians 4:13

Ruth Hillsdon



ALCOHOL ACTION

WELLINGTON: (Tuesday, 23 March 2010) An historic Conference took place at Te Papa when about 200 people from all walks of life gathered under the banner **ALCOHOL CAUSES VIOLENCE**. Facilitated by Prof Doug Selman of Alcohol Action NZ a new national group responding to the excessive presence of alcohol and the enormous social, medical and personal damage alcohol misuse is inflicting on our society. www.alcoholaction.co.nz Alcohol Action NZ involves people from a range of health and medical services, social services, councils, churches, iwi, schools and other groups.

Addressing the conference Hon Jim Anderton reminded the participants how " Any day of any week you can open any newspaper, or watch any news bulletin, and the evidence is plain: Alcohol-fuelled violence. Alcohol-fuelled crime. A culture of binge drinking."....

Stories like these...

- * A brutal and baffling weekend attack which left a young couple critically injured in a west Auckland park has nearby residents fearing for their own safety.
- * A man walking his dog found the young man semi-conscious in the park at 7am on Sunday with a fractured skull and bleeding on the brain.
- * Six hours into her shift, Heretini had had no break. But she rallied to care for her last patient, a young man with head injuries and lacerations to most of his body. He had fallen out of the window of a moving car while hanging onto the coat hanger handle above the vehicle's back door.

- * The veteran of the Malayan campaign and the Vietnam war was shocked by the viciousness and callousness of the youths. His daughter Jillian was knocked unconscious and her boyfriend was stomped on the head when they arrived home in a taxi as he was being set upon by the mob.

- * "She was drunk as a skunk", he said. Mr McKenzie, who survived a serious heart attack two years ago, lost three teeth and received bruising and cuts to his head and body.

That's just a sample of the sorts of headlines reflecting the every day reality of alcohol in New Zealand, and the results of our drinking culture says Jim Anderton.

On conservative figures prepared by the Ministry of Health the harm alcohol causes costs between \$1.5 and \$2.5 billion every year. Three out of five people who are arrested are under the influence of alcohol at the time they commit the offence for which they're arrested.

If we want to reduce the level of crime in New Zealand, the fastest way we can make a difference, and the biggest difference we can make, would be to make alcohol less available. And conversely, in recent years when alcohol has been made more available, the harm caused by alcohol has risen as well.

Between half and three-quarters of all police work is associated in some way with alcohol abuse. Three quarters of adults arriving at emergency departments on Thursday, Friday or Saturday night have alcohol related injuries.

The Salvation Army says alcohol is present in four out of five domestic violence cases.

Here's another statistic to make you think; according to a recent medical journal article, there are now 70,000 physical and sexual assaults a year in New Zealand that can be linked to alcohol. That's 1350 a week.

Anderton "supports changing the law to make alcohol less available. Support raising the drinking age and restricting the number of outlets where alcohol is sold. Support lowering the blood alcohol concentration (BAC) limit for drivers over 20 years of age from 0.08 to 0.05." He advocates raising the price of alcohol; reduced alcohol marketing and advertising plus increased drink-driving measures..."

The fact that some 200 people from all walks of life attended this historic Conference is a positive indication that change is underway in Aotearoa NZ.

After lengthy consultation the NZ Law Commission is currently preparing a sizable report, the release of which is imminent, said Rt Hon Sir Geoffrey Palmer when he addressed the Conference. This will be a far reaching document which has been developed after consideration of many and various insights and opinions. It is due to be released this April.

Alcohol Action NZ advocates a five stem policy:

1. Increase the price of alcohol
2. Increase the purchase age of alcohol
3. Decrease accessibility of alcohol
4. Decrease marketing and advertising of alcohol
5. Increase drink-driving countermeasures

PLUS: Increase treatment opportunities for heavy drinkers

Amongst the audience were some people with intimate experiences of Alcohol including women living with the impact of Foetal Alcohol Syndrome . One lady "Sue" shared her frustration at the lack of Government awareness of this condition asking when we will acknowledge the problem. She has two children with Foetal Alcohol Syndrome and is finding she has struggled for years with Educators to gain help for her children. She says

"Kendra who is now 17 and a half has had terrible problems at school she is a good student but they need to change how we teach these kids. The education system has to recognise these children, and accept that they are different and their voices need to be heard. They are the silent ones and hence the violence we have in our society is because of frustration. No one understands them and they are labelled and pushed out"

Sue further commented -

"I entered a bottle store in our district to find RTD cans so cheap she could get drunk on under 10 dollars. The promotion of this lollie water was mind boggling and there is no reason why these children who have had no education in safe drinking should. They have no clue as to what they are drinking, 8 of these cans contained over 72% of alcohol. There were 27 pellets of this stuff on the floor at the front of this bottle store and more in the chiller not to mention the different colours to choose from. Another eye opener was a drink called absinthe which ranged from 89.5% down to 63% for \$70.00. When asked who buys this stuff the owner of the store said with a smile on his face "The Kids". As a mum I would of loved to wipe the smile off his face... "

The speakers at this Historic conference included:-

Mr Howard Broad New Zealand Commissioner of Police, Wellington; Mr Tuari Potiki Manager Strategic Operations, Alcohol Advisory Council of New Zealand; Prof Kathryn Graham Head, Social and Community Prevention Research, Centre for Addiction and Mental Health, University of Western Ontario, Canada; Prof Jennie Connor Head, Dept of Preventive and Social Medicine, University of Otago, Dunedin; Judge Andrew Becroft Principal Youth Court Judge of New Zealand; Mrs Rahui Katene MP for Te Tai Tonga, Maori Party of Aotearoa New Zealand; Prof John Pratt Institute of Criminology, Victoria University of Wellington; Hon Jim Anderton Associate Minister of Health 2002-2008; MP for Wigram, Leader, Progressive Party of New Zealand; Prof Doug Sellman Director, National Addiction Centre, University of Otago, Christchurch. *Report sent in by Allen Little, Levin*

AN OPEN LETTER TO SIPPING SAINTS

Dear fellow believers,

With this current major liquor review taking place shortly, for the first time in over 20 years, how many individual Christians or Church leaders took this wonderful opportunity to write or present oral submissions to the Law Commission? Or how many went to hear Prof.Doug Sellman ,NZ Director of the Addiction Centre, who toured the country last year trying to wake up the apathetic NZ public into action and make our Nation a safer place to live and to protect the health of our people.? Probably not many!

In our non-Christian society it is the abuse that is the problem, but in our Churches it is not the abuse but the use that is the problem!

I was converted in early 1961 and at that time was a social drinker and a chain cigarette smoker. Immediately I was under the Lord's conviction and with His help and praying Christians I was released from these addictions.

Temperance Sunday was held each year and young people in the Sunday Schools and Bible Classes were given papers on Healthy Living, which included the dangers of alcohol and other drugs.

With the example of parents not drinking, church leaders' example and this youth material , many young people of that time can testify today of living a successful life without drugs. These practices have now disappeared off the Church calendar as more ministers not wanting to upset their new members who brought their drinking habit with them, stayed silent, and soon this 'freedom' spread. In many Churches today very few under the age of 50 years are abstainers.

Some Christians wonder why their young people who have been taught to drink in their own homes go off to university, get caught up in the drinking culture and grow cold in their faith.

In love I would like to ask my fellow believers some questions that only they can answer and is between them and God only.

It is to explain to the Lord Jesus, in their quiet time, why they drink .Tell Him why you chose to drink a class 2 drug and if you drink it is because you believe that He did so and He is your example?

Tell Him that you drink because you have a stressful job and you don't know any other available alternatives to unwind....

Tell Him you like the taste and the way it makes you feel.

Explain to Him that you would like the constant infilling of the Holy Spirit but are willing to make do with the spirits out of the bottle.

Tell Him also that most of your friends drink and you don't want to be a 'wet blanket' because you don't know how to celebrate or enjoy yourself without a couple of drinks.

If you say yes to some of these questions, next time you have a drink, raise your glass upwards, toast Him and say, "I drink to you Lord Jesus" and see how comfortable you feel. Colossians.3.17 "Whatever you do, in word or deed, do all things in the name of the Lord Jesus, giving thanks to God the Father through Him."

Wine in the Bible by Dr Samuele Bacchiocchi is a study of Biblical Hebrew and the customs of that day.

The word 'wine' had a dual meaning and has been used historically to refer to the juice of the grape whether fermented or unfermented.

Funk and Wagnall's 1955 dictionary defines wine "in loose language the juice of the grape whether fermented or unfermented."

In Biblical days there were four common methods of preserving grape juice.

William Wilberforce said in 1789 " You may choose to look the other way but you can't say that you don't know"

I will give my name and address if anyone would like further information. I would like to help others just as I was helped those many years ago

Molly Aitchison, 84 Glen Street, Timaru 7910. Email glenco@orcon.net.nz

NEWS IN BRIEF

QUEBEC WILL SOON BE JOINING the rest of Canada by lowering its legal blood-alcohol level for motorists from 0.08 % to 0.05%. Drivers will lose their licences for 24 hours if they are found with a BAC of more than 0.05. Harsher penalties will still apply to drivers with blood-alcohol levels of 0.08 %. Drivers younger than age 22 years will not be allowed to have any trace of alcohol in their system. (The Union Signal Winter 2010)

2009 BEER STILL NZ NUMBER 1 CHOICE: Although NZ'ers consumed 3.1 per cent less of beer it still remains the most popular alcoholic drink for 2009. Last year, 471 million litres were consumed a rather staggering amount for a population of just 4 million people.

WINE GLUT: It may be the NZ wine glut that accounts for the drop in beer consumption. There is a world wide wine glut and many small wineries are struggling to survive. Supermarkets have pages of wine advertisements each week with their wine specials. In all supermarkets the liquor aisles and shelves are increasing and invading into the essential food aisles.

EDITORIAL

New Zealand's Shambles and Shame

Are we too thick to learn?

As this magazine goes to print nothing has been done (except a lot of talk and hot air) to lower the blood alcohol limit down from .80mg of alcohol to .50mg. Although there is a lot of lobbying going on in the corridors of Parliament the liquor trade is working overtime with a lot of spin. If liquor laws could be divorced from politics the BAC would have been lowered years ago, and if logic had prevailed a 'nil' alcohol limit for all drivers would be in place.

Whatever the outcome will be, will the NZ public ever learn that drinking and driving is a deadly mix? and we need to ban all drinking when driving motor vehicles. More lives have been lost as the result of drunk driving than in the war. We are a country of slow learners when it comes to the class 2 drug alcohol.

For many decades millions of dollars have been spent on raising the awareness of drinking and driving which seems to no avail.

Public educational campaigns are what is first suggested on how to reduce the road carnage, but who listens to or reads the message? Only those who already obey the present laws....

Those whom need the warning advertisements are probably amongst the 20% who can't read or comprehend or who say "that won't happen to me"

Those who the Police catch over the legal limit (and that is only the tip of the iceberg) would be alcoholics and probably not aware of how much they have consumed.

Others who have consumed several glasses with their meal are not adding up the percentage of alcohol in those drinks – was the wine 6% or 14% or higher.

Others are recidivist drivers who when caught should, after their second offence be off the road for good.

Some are advocating to prevent the risk of being over the limit to take only one drink. Do hosts pour out a 'standard drink' or are they in their generosity heavy-handed?

There is only one sure way to avoid blowing over the limit, if driving, drink thirst quenching non-alcoholic drinks or have a designated sober driver.

We, the public have a right to be on the road at anytime and not be fearful of being killed by a drunk driver.

The husband pointed out to his wife her tendency to repeat the same story over and over. She reminded him that he was just as guilty. He replied, "Allow me to clarify. I review and you repeat!"

POKIE MACHINES VERSUS INTERNET GAMBLING

According to the Problem Gambling Foundation the pokie (gambling) machines are still the biggest problem although the internet gambling is on the increase amongst the younger people. Most people are introduced to gambling by the pokie machines but many younger advance to the internet gambling.

The Trusts that run these machines must return at least 37.1 per cent in grants from gaming machine revenue; 1.1 per cent to the Problem Gambling Foundation (PGF) and 32.5 percent to the Government. The remaining 29.3 per cent is used by the Trusts for operating costs and site rentals.

With the younger people (18 years -30 age group) turning to the internet, the Government is losing revenue and the sports clubs and charities have reduced grants.

Geoff Lumb, a counsellor for Problem Gambling Foundation said, "The pokie machines are still the biggest problem as they draw people in and they quickly become addicts because of the effect they have on the frontal lobe and the primitive part of the brain."

NZ has reached a sad state if organisations, sports clubs, schools and various other groups have to come to rely almost entirely on these handouts. Has our welfare system made so many NZ'ers so reliant to expect these grants at the expense of human misery?.

Many decent citizens have been caught in this web of gambling addiction and turned to theft and fraud to continue in this habit.



Alcohol

(this poem is dedicated to those people who lose control through alcohol)

*There are many people in this world today
Who think they're on a roll
Under the influence of alcohol.
When you are under the influence of it
Nothing seems to matter.
You chatter and laugh as if you're in class
You howl and you growl, forget how to spell.
You deceive, you better believe!
It is a curse, it empties your purse!
You build up the courage to do or to say something
And it comes out with a warped effect
That people reject.
You think you are right and want to fight.
You scream and yell as if you're in hell.
What's the sense of this offence?
Where does it get you, but uptight and tense.
We drink beer, is it a sign of fear?
We drink wine when we dine.
We drink spirits and that's the limit,
With every sip and every minute the mind, the body, get out of control,
Here comes the effects of alcohol.
What you are doing or what you have done,
You wouldn't remember what's on your agenda.
A day will occur; it will be a blur,
You'll either wake up and give up, or lose what you have.
Even worse it will be your coffin in a hearse!*

(to be performed as rap)

by Yvette Lamare of Tauranga
21 Century poet and song writer

DEVOTIONAL PAGE

Fear Not For I am With You

Today many peoples' hearts are fearful as they view through their television screens the wars and unrest in many countries in the world.

They also read the warnings by so-called experts who are forecasting looming environmental crisis and economic gloom..

Weather bombs, earthquakes, tsunamis and other natural disasters cause many to wonder when their turn to fare similar conditions will happen. Secular books and films are currently featuring topics on the end of the world by 2012 and people are flocking to see this fiction as if it were fact.

We, as Christians can say although we know that the Lord will come for His people at His appointed time, no one knows when that will be and we are warned not to set dates. When He comes He will come like a 'thief in the night' and we are encouraged to be ready.

"God is our refuge and strength, a present help in trouble. Therefore we will not fear, even though the earth be removed and cast into the sea...Be still and know that I am God...I will be exalted in the earth. The Lord of Hosts is with us; the God of Jacob is our refuge." Ps 46 v1-11.

With promises like that we can know the peace that passes all understanding. If we put our trust in Him now before the difficult times come, and they will come, we can just trust Him and His Word which will bring us safely through. I recommend that you read Luke 21 and the key verse is 28 "and when these things come to pass, then look up, lift up your heads, for your redemption draws near."

Dear Heavenly Father,

Thank you for your Holy Bible that is full of your promises that frees us from all fear. As your child who has made my peace with You and can now claim the peace of God.

Amen



UNION NEWS

PLEASE WELCOME OUR NEW NZWCTU PRESIDENT

Please welcome our new NZWCTU President Mrs Ruth Hillsdon and let her introduce herself in her own words. as we wish her well in this position.



I was born in Christchurch New Zealand a little over 60 years ago.

I have been married to Ivan for almost 25 years. Mother to Craig and Aneta, Grandmother to Hariz, Malick, Aliyah and Taylor. My family doubled when I married Ivan to include Sharon, Graeme, and granddaughters Kerri, Becky and Renee. Now includes great grandies Michael and Ben.

My day job is in the medical section of Land Transport New Zealand, as a Medical Review Adviser.

I have a passion for Women and Family issues particularly those that destroy, such as drugs and alcohol. I realized that Women's Christian Temperance Union had the same passion when about 10 years ago I was given the book 'A Challenge Not a Truce'. My greatest desire would be to work full time in an area where I could make a difference and pray that this may one day happen.

I have had previous involvement with Drug Arm, and Age Concern Palmerston North. I have maintained a strong involvement with church and community activities and I am currently Women's Ministries Leader in my local church.

During my time with Drug Arm I saw first hand that there is much work to do to protect and save precious lives from the certain destruction of alcohol and other drugs.

I believe that WCTU is a vessel with a proud history and we need to capture the spirit of our sisters who have gone before, rejuvenate and once again let our voices be heard.

123rd NZWCTU CONVENTION

9-11 March held at Tauranga

Twenty four representatives from throughout New Zealand attended the WCTU Convention held at Pacific Park Christian Holiday Camp 9 – 11 March 2010.

Mrs Faye Ralston President of the Tauranga Union welcomed the attendees to Tauranga.

V/President Mrs Ruth Hillsdon opened the 123 rd Convention and prayed for successful surgery for President Mrs Molly Aitchison.

Early bird prayer and devotions each morning at 7.30 were lead by different members. Tuesday am Mrs Margaret Jackson. Wednesday am Mrs Beverley Boardman and Thursday am Mr and Mrs Phil and Averil Groom.

First thing each morning devotions were taken by a visiting minister.

Tuesday am Pasor Pat Downey, SDA church

Wednesday am Communion Service was taken by Pastor Terry Grimes, of Christian Fellowship Church.

Thursday Rev Matoka Fakatou from Wesley Methodist Centre.

Normal business was carried out through the day.



Convention Group

At 7pm the Public Reception for the Official Opening of Convention was held at the Tauranga Methodist Church Centre. An interested and appreciative audience who attended, many were personally invited by Mrs Phyllis Irvine who didn't allow impaired vision to hinder her.

V/President Mrs Ruth Hillsdon gave the presidential address.

The first guest speaker was Stuart Caldwell of the Get Smart Trust (formally Drug Arm). He presented a graphic power point presentation. Their aim is to help young people stay out of trouble on the streets. The use of alcohol makes them very vulnerable. The Get Smart team sometimes take young people to hospital because they have passed out from drinking too much. 70% of people who arrive at the Tauranga Hospital Emergency Department on a Friday and Saturday nights between 8pm and 3am are there for alcohol related reasons.

The next speaker was Rev. Tom Frew who recounted his life as an alcoholic in Ireland. He had a life changing experience when he meet the Lord and then came to live in NZ.

Wednesday

The Election of Officers were held on the Wednesday morning.

President	Mrs Ruth Hillsdon
V/President	Mrs Ruth Gray
V/President	Mrs Janet Palmer
Secretary	Mrs Beverley Boardman
Treasurer	Mrs Margaret Larsen
Nominated by Executive	
Legal and Parliamentary Director	Mrs Margaret Jackson
White Ribbon Digest Editor	Mrs Molly Aitchison
Directors	
Christian Outreach	Margaret Larsen
Education	Beverley Boardman
Home Protection	Annette Paterson
Social Services	Vivienne Walker
Youth & Children	Rowanne McRae

In the afternoon there were good discussions on the way forward. Good lively discussions were held on how to achieve our aims and good progress was made. The executive to fully discuss these ideas at their June meeting and the Unions will be kept informed.

The speaker for the Wednesday evening meeting was Dawood Latif and with his wife Judy spoke on the work of the Gideon Bible Society.

Thursday

Barrie Paterson spoke on the Men's Auxillary with five new members gained.

Elaine Hadfield, a Blenheim member, spoke of the work she is doing in that area, and the battles she has with the Broadcasting Standards and her recent victory.

In the afternoon the delegates enjoyed a well deserved break and took a bus trip to Kiwi Kart where they viewed and later sampled the different kinds of kiwi fruit.

Whangarei Union won both the Cup and the Shield for their good work for the year. Congratulations.

Convention closed with the singing of Auld Lang Syne.



National Officers

WELCOME TO OUR NEW NATIONAL WCTU SECRETARY

Welcome to our new National WCTU Secretary, Beverley Boardman of Hamilton. I will let her introduce herself:-



"I was born and educated in Whangarei and trained as a primary school teacher, following this up with an Early Childhood diploma.

I am married to David, who is behind our work, have four children and four grandchildren. I still work part-time and on call.

I am a third-generation member of WCTU, being a member for around forty years. I wasn't able to be actively involved when we were farming and when I was working, but recently this has changed and I have been able to get more involved in our work.

I want to see WCTU more visible and alive in our churches giving us a source for new members and prayer partners.

Also I want the community to see us as positively endeavouring to change our country's drink culture. I am fully supportive of the "way Forward" plans believing that this is the only way we will grow and keep going. I like belonging to an organisation which has a lot to offer in keeping our country safe from the harm caused by alcohol and other drugs.

Bev Boardman

KATE SHEPPARD BUST UNVEILING

On the 26th November 2009 26 invited guests assembled in the Auckland Town Hall Balcony foyer for this unveiling.

Mr Pontus Kyander, Auckland City Council Manager for Public Art, welcomed all present. He spoke of the great work Kate Sheppard did in New Zealand in obtaining the vote for women, he also said that Finland where he came from obtained the vote for women shortly after.

He introduced Mr Digby Crompton from Parisian Neckwear who donated the bust. Mr Crompton said that he wanted to recognise the great work that Kate Sheppard had done for women as his firm employed a great number of women.

He commissioned the sculptor Roderick Burgess, to sculpture a bust which would capture the four main qualities of Kate Sheppard: Patience – Good Humour- Persuasion – and Reason, and this he certainly did.

She really does look fabulous as you come up the stairs from the main Queen Street entrance into the Town Hall.

Permission was also granted for us to leave a quantity of White Ribbon Digests beside the bust for people to take.

WCTU was represented by Mrs Averil Groom and Mrs Annette Paterson who both mingled with those present during afternoon tea.

Mr Crompton was very interested that WCTU was still a going organisation.

*Sent in by Annette Paterson,
President Auckland Union*

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MISSION STATEMENT

“To reduce health and social problems by promoting a lifestyle free of alcohol and other drugs.”

YOU ARE NEEDED

You can assist the NZWCTU by becoming a member and/or subscriber to the WHITE RIBBON DIGEST.

By signing the following pledge you may become a member of this organisation. “I affirm my life-long pledge of total abstinence from all intoxicating liquor as a beverage, and my willingness to pursue all proper means to discourage and prevent its use in society. I pledge myself to work and pray to this end by endeavouring to promote a personal purity of life, free from the menace of narcotic poisons and drugs, claiming always the promised guidance and help of God.

Signed

Membership fee \$15 per annum includes WRD	\$
WHITE RIBBON DIGEST fee \$10 per annum	\$
Overseas \$18 per annum (includes postage	\$
Donation	\$

Men are eligible for full membership

For further information contact Mrs Janet Palmer
201 TiroTiro Rd
Levin 5510

Applications from Advertisers are welcomed also.

If you enjoyed reading this Digest and would like to receive future copies please send to
Mrs M Larsen,
109 Parkers Rd, Tahunanui,
Nelson 7011