

WCTU New Zealand

Volume 64, No 4  
Summer 2009

# WHITE RIBBON DIGEST

*"Promoting a Lifestyle Free of Alcohol  
and other Drugs"*

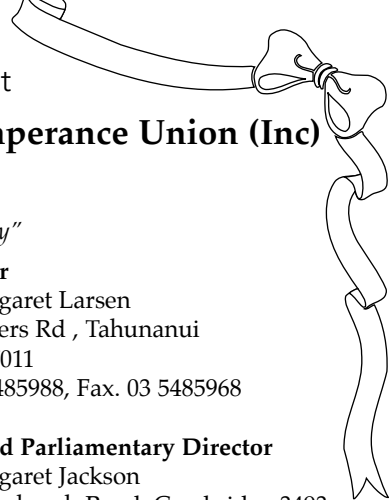


Mount Maunganui, New Zealand

**INSIDE THIS ISSUE:**  
Death in a Bottle  
Chasing the Ghost  
FASD Day Observed

Plus more  
**WHITE RIBBON DIGEST**

New Zealand Women's Christian Temperance Union (Inc)  
Organised 1885



# New Zealand Women's Christian Temperance Union (Inc) Organised 1885

*"For God Home and Humanity"*

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**Choice Words**

"The word became flesh and took up residence among us. We observed His glory, the glory as the One and Only Son from the Father, full of grace and truth."  
(John 1:14)

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## FROM THE PRESIDENT'S PEN

This has been another year of world wide disasters, earthquakes, floods, wildfires, war and famines Even though many countries are in financial recessions they rise to the occasion sending in planes and ship-loads of equipment ,emergency food, tents and mobile hospitals to help ward off starvation and disease. Here on the national scene we see through the media of TV many people facing personal tragedies and loss and the compassion of ordinary people responding. Christian churches, organisations and governments stepping into help as well. There is still hope for our society when strangers respond to those who are going through hardships and loss with kindness and compassion.



We are approaching a very important time in the Christian calendar and that is the time of Christmas.

In many countries including our own, Christian holy days are being watered down or discarded. Christianity is being pushed aside and ignored and the words Christmas and Easter are being omitted from various forms of media .We are indeed living in a time of post-Christianity. Bible in School classes are disappearing out of many schools with values and good manners on the decline.

The whole idea of Christmas is this, that Christians are not commemorating a day but we are celebrating an event- a miraculous event that changed the whole world.

"The Word (Jesus Christ) was made flesh and dwelt amongst us." (Luke 1 v 14)

As we remember this day , may our love for the Saviour increase even more and reach out to those as He does with compassion, acceptance, forgiveness and love to those who don't know the real significance of December 25.

**THIS MUST BE CHRISTMAS**

To know Him as He is today  
Not as a Manager Babe, but as the one  
Who lived and died and lives again,  
To be enthroned within our hearts,  
To love Him and His word above all else  
'And loving, wish to tell men everywhere  
The tidings of redemption.

May you experience the blessings anew at this Christmas time .May those who don't personally know the Lord Jesus Christ see in us the joy and peace that comes from knowing Him, His love and forgiveness.

## DEATH IN A BOTTLE

Scores of underage drinking secondary school students say to their friends each weekend, "Let's get wasted tonight!" Many do just that and some are so wasted or drunk that they lose their lives through alcohol poisoning.

Others, when not thinking clearly, are persuaded to try some illegal drug or party pill that is so freely available, and find themselves quickly hooked into addiction.

From then on, unless there is intervention have wasted their precious lives.

Alcohol has been described as the gateway to all other drugs.

In many cases, if sober that young person would never have tried that drug trip that was to fast track them to a personal and physical downfall.

In the past ten years with the lowering of the drinking age and the introduction of the spirit based alcopops there has been a big increase in alcohol dependent youth.

Talented youth, with a bright future in sports, arts or academic studies have been introduced to the binge-drinking culture, an often fatal practise which has finished their and their families dreams of the future. Those lying paralysed in hospital, realise too late what they have been doing. They are also too late wishing that they had not driven drunk or accepted a ride with a driver who had sufficient to make them reckless and showing off to their passengers.

The ones who survive these horrific crashes must often think those who were killed were the fortunate ones...! Many are innocent victims, in the wrong place at the wrong time not knowing that out on the road was an alcohol fuelled killer...

Every weekend in most hospital emergency departments there are young people in need of urgent treatment because of their drinking; those who need their stomachs pumped out, injuries caused by assaults, fights and falling causing head injuries. Members of the public who need urgent medical treatment have to be put further down the list for attention because some one decided to drink or take other drugs and was not willing to take responsibility for their own actions.

It is time that adults decided to set an example to their children. Not to introduce their underage children to the taste of alcohol. Adults need to find out the effects of alcohol on the body and educate their children on these facts. Our children are our responsibility, not the school or the State...

The Liquor Review is being studied at this time. It is not too late to write to your local Member of Parliament and ask that the drinking age be introduced and the present purchase age, both be put up to 21 years of age.

We also believe that all parties work through and make it a party vote and not a conscience vote. When they get a good Bill worked out do not allow some amendment to come in and water it down making it full of loopholes and unworkable which usually happens.

## ALCOHOL AND TEEN BRAIN DEVELOPMENT

*Think Underage Drinking Doesn't Affect  
Teen's Brains?*

*.....Think Again!*



New research shows that alcohol affects a developing teen brain differently from an adult brain. "The brain goes through dynamic changes during adolescence and alcohol can seriously damage long and short-term growth processes" (American Medical Association, 2003).

Alcohol use may impair memory, learning, decision making and impulse control and it greatly increases the risk of addiction. In addition, alcohol use, alcohol use can cause young people to develop social problems, have poor judgement get into trouble do poorly in school and experience failure in achieving lifelong goals.

The brain's hippocampus (responsible for learning and memory) can be 10% smaller in underage drinkers. Alcohol can cause serious damage to the still developing adolescent brain (12-21 years)

To compound these problems, research shows that parents generally underestimate the extent of teen drinking and its negative consequences. Most parents talk to their young people two years too late.

What parents may not realise is that children say that parental disapproval of underage drinking is the key reason that they have chosen not to drink.

Mr Geoff Munro, the Director of the Community Alcohol Action Network at the Australian Drug Foundation is reported as saying-  
"....alcohol marketing could contribute to the nations's youth drinking culture."

(Taken from the Australian White Ribbon Signal)

## CHASING THE GHOST

In July a powerful documentary, Chasing The Ghost, was screened on TV One. It is a production about a father trying to find out all he can about the drug 'methamphetamine, popularly called P. His aim is to find out all he can about the drug, and warn the public of the dangers to users and their families.

The father, Paul Holmes, a well known radio and TV personality here in NZ, has over the past few years done all he can to rehabilitate his adult daughter, Millie whom he truly loves.

After some years of doing all he could to help and protect her now realises that he has to practise 'tough love' until she is ready to accept help.

During the programme he spoke to former P addicts and how some of them are now trying to warn young students and others of the drug P which they described as 'evil, destructive and all consuming' and of the devastation they are causing to the users and their families.

A former policeman who is putting all his energies into full time prevention work trying to stem the epidemic said, " We are losing the battle."

Paul Holmes is a reluctant crusader and said, " I don't want to be a poster boy for the fight against P. I'm just a Dad asking questions".

Let us hope that the Members of Parliament hear the voices of these desperate parents and families and put into place the laws that are needed to help put a halt to the making and selling of these dangerous illegal drugs. The penalties must be severe enough to dry up the supplies.

### Sale and Supply of Liquor and Liquor Enforcement Bill

The committee of the above Bill has resolved to inform all submitters that it has sought, and been granted, an extension to the date by which it must report to the House of Representatives, to 30 June 2010.

The committee has sought this extension to enable it to better consider the bill in conjunction with the on-going review of the Sale of Liquor Act being undertaken by the Law Commission.

Any questions to this please contact email [james.picker@parliament.govt.nz](mailto:james.picker@parliament.govt.nz) or 048179508 or write to

James Picker  
Clerk  
Justice and Electoral Committee  
Private Bag 18041 Wellington 6160

## LETTER TO THE EDITOR TIMARU HERALD

Dear Sir,

### SUFFRAGE REVISITED

Throughout the country there have been some events held to commemorate Suffrage Day, articles and letters written with no mention of the work and achievement of the NZ Women's Christian Temperance Union (NZWCTU) which made it possible to obtain the vote for women when it did.

It seems that NZ has followed the world trend of rewriting parts of history or blurring the facts. In this case since the 60's and 70's when the women's liberation movement 'bloomed', those liberals in the forefront successfully deleted any mention of the word Christian and especially of those women of WCTU who chose and promoted a lifestyle without alcohol and other drugs.

By doing this, the sacrificial work of our early pioneering women has been forgotten or sidelined.

The New Zealand Women's Christian Temperance Union (NZWCTU) was formed in 1885 as part of a world-wide organisation.

Many women of that time were downtrodden with large families and welcomed this organisation which provided them with creches, maternity hospitals, technical training classes for young people, tea rooms, rest rooms, Sailor's Rests and other welfare work.

In the early days of NZWCTU, members knew that the only way to improve the lot of women was to obtain the vote for them.

During this time Kate Sheppard, a devoted Christian, joined the ranks of NZWCTU. With her exceptional organising skills she was elected to be the Franchise Superintendent.

Throughout NZ she organised the WCTU members to collect signatures on a petition. After six years 31,872 signatures were collected amongst strong opposition from many men and presented the petition to Parliament.

To get these signatures many had ridden on horse back into isolated areas, others rode bicycles and pushed prams over rough tracks and roads.

How can we today forget the dedication of these brave women who gave us a legacy so that we have a freedom that they only could dream about.

This was done with no cars, telephones, computers or emails.

The Franchise Bill was finally passed 19 September, 1893. The white camellia was presented by WCTU members to every Member of Parliament who supported the Bill and to this day is the symbol of this occasion.

"A Challenge Not A Truce", by Jeanne H Wood QSO is exciting reading of this time in history.

Molly Aitchison  
President, NZ Women's Christian Temperance Union, Timaru

## NEW IN BRIEF

### BUYING ALCOHOL ON THE WEB

It hasn't taken long for the auction website TradeMe to look at marketing alcohol on-line. Sellers will have to obtain an off-license certificate and sell only wine. How difficult this will be to monitor is yet to be seen.

### DRUNKENNESS IN PUBLIC PLACES

Law Commission president, Sir Geoffrey Palmer would like to see drunkenness in a public place an illegal offence and those caught, to be fined. They are a danger to themselves and others.

### TODAY IN HISTORY

August 14 2009 Timaru Herald

1891 The Women's Christian Temperance Union presents to parliament petitions signed by 9000 people and calling for women to be granted the right to vote.,

### YOUTH SUICIDE LINK

Fifty per cent of youth suicides of which NZ has the highest rate in the industrialised world has been linked to present or past alcohol use

### WHO ARE WATCHING OVER THEM?

Alcohol Healthwatch reports that most NZ children have tried alcohol by the age of nine years. Where are the parents? Why is their liquor not locked away.?

### HIGHER CANCER RISK

In a recent indepth Canadian study found in regards to alcohol consumption that people who drank more than one standard glass a day had a much higher risk of developing cancer of throat, mouth, stomach, tongue, breast and bowel than those who did not drink or only an occasional drink.

### HOW MUCH IS A STANDARD DRINK?

If those who drink alcohol are wise they will know what a standard drink is in the different types of alcoholic drinks, and read the containers to see the strength of the alcohol. A standard drink is the measured amount which decides how much alcohol a person is drinking.

A standard drink of straight spirits 30mls

A standard drink of wine (ready-to- drink) 330mls

A standard beer is 330mls

In the case of wine the amount of alcohol can vary from 7% to fortified wine i.e. sherry at 18 – 20 %.

## DRUNK IN A PUBLIC PLACE

Sir Geoffrey Palmer, Law Commission president, has stated that he would like to see 'drunk in a public place' made an offence once again.

With the extended hours for drinking, in some cases 24 hour licenses in some licensed premises, drunks are coming out onto the streets severely intoxicated and in many cases are incapable of looking after themselves and putting others at risk. A good number of cases of vandalism and theft from private property are never reported but are often the irresponsible actions of drunks walking home.

## ALCOHOL AND CRIME

The Law Commission identified these impacts on society during its review on liquor laws:

\*At least 31 percent of all types of recorded crime in 2007-08 followed the offender drinking alcohol

\*Over the same year 20,000 violent offences were committed by offenders after they had drunk alcohol

\*More than one third of male drinkers aged 18 to 24 and 17percent of male drinkers aged between 25 -34 get drunk at least once a week

\*Some 785,000 drinkers over 18 years of age ( 29 percent of adult drinkers) could be classified as "uninhibited binge drinkers", meaning that they usually drank seven or more standard drinks at a sitting and often drank daily, according to an Alcohol Advisory Council (ALAC) survey

\*Another 23 percent of drinkers were defined as "constrained binge drinkers" meaning that they drank seven or more standards drinks at least once a week.

\*Young people aged 14 to 19 are drinking more alcohol when they drink

\*Women's alcohol consumption has been increasing across all ages but particularly among young women

## TRAFFIC SAFETY IN USA

Marijuana also harms when it contributes to auto crashes or other incidents that injure or kill, a problem that is especially prevalent among young people. In a study reported by the National highway Safety Administration even a moderate dose of marijuana was shown to impair driving performance. The study measured reaction time and how often drivers checked the rear-view mirror, side streets, and the relative speed of other vehicles.(The Union Signal Summer 2009)

## SHOTS OF INSTANT ENERGY

A growing concern with some parents of young teenagers is the apparent addiction to high powered energy drinks sold in supermarkets and dairies, and nestled amongst the shelves of cordials and soft drinks.

Although these products have been around for some years the long term effects have not been evaluated. The NZ Food Safety Authority (NZFSA) is looking at the legality of these 'energy shots', drinks that contain more than twice or more the caffeine content of an average cup of coffee.

With some young people drinking several cans a day who would know if these products could cause some future health problems. i.e. anxiety and panic attacks, osteoporosis, or affecting an already underlying heart or kidney disorder.

There are so many refreshing fruit drinks and cordials that it seems strange these are ignored for something that gives a quick shot of energy when the body may be already under severe stress and giving signals that it needs rest.

Again parents must be vigilant to what their children are eating and drinking and encourage them to follow a life style that will build healthy minds and bodies.

## A FEW NEWSPAPER HEADLINES FOR 2009

Why Alcohol and youth Don't Mix (The Press Christchurch)

Time to Cut Back Booze (Northern Advocate )

Drink-Driving Rises (Marlborough Express)

Dangers of Booze' Hard to Ignore' (The Press Christchurch)

Drunk Youths Require Intensive Care (The Press Ch Ch)

Young Drinkers Clog Hospitals (The Weekender Press)

Change Drink Laws Say Young ( The Weekender Press)

Shut Bars at 2am,Police say ( Otago Daily Times)

Nauseating Drunk Behaviour Sicken Police (Timaru Herald)

NZ Should Ban Booze Advertising (Press ChCh)

City 'Culture of Violence' (Timaru Herald)

That is only the tip of the iceberg of such headlines. Do our politicians read these papers or go out in the Police patrol cars on Thursday, Friday and Saturday nights? We suggest that they do before voting on the proposed liquor law bill.

## FETAL ALCOHOL SPECTRUM DISORDER (FASD) DAY OBSERVED

Do you know how this day came into being?

Almost ten years ago Journalist Bonnie Buxton launched an international day that would bring awareness to FASD. While digging through a 1999 snowstorm at their home in Ontario, Buxton and her husband Brian Philcox came up with what Buxton described as a 'crazy idea'. Why not use the ninth minute of the ninth hour of the ninth day of the ninth month in 1999 as the moment to ring bells in communities to bring awareness of the plight of those suffering from FASD.

A decade later hundreds of communities across the world use 9 September to raise FASD awareness.

Pregnant Pause at 9.09am

AUCKLAND: This is a flash mob like no other,' reports Christine Rogan.' The crowd will be pregnant, including the men! Our pregnant Pause group will maintain a freeze mode for three minutes (one for each trimester) as a way to reinforce the importance of pausing from alcohol during pregnancy for a healthier baby. To also reflect on the impact of FASD in peoples lives everywhere from which there is no pause.

Annette Paterson Auckland Union reports that her and husband Barrie meet with others taking part in Queen Street outside Burger King with orange balloons stuffed up their shirts ( to look pregnant) they gave out literature and orange balloons to the public and at 9.09am did the 3 minute freeze. That night they were shown on Close Up on TV one plus an article on a pregnant woman drinking. There was a write-up in the Challenge Weekly, Daystar and the local paper The Aucklander had an article on the Web edition. All mentioned WCTU

BLENHEIM: Elaine Hadfield reports that she put the FASD posters into the Christian and Music Bookshop ,the Anglican Church rang their bells and she wrote a letter to the Marlborough Express alerting the public of Fetal Alcohol Spectrum Day.

TIMARU report is in the form of a letter to the Editor of the Timaru Herald Bells: On behalf of our unborn future generation I would like to thank all the following churches: St Mary's, St Phillips, St Peter's, Chalmers, St John's Sacred Heart, and their bell ringers who tolled their bells for Fetal Alcohol Specatrum Disorder (FASD) day at 9.09am on the September 9. The event was a warning to the public of the dangers of drinking alcohol during pregnancy.

Thank you too ,to The Timaru Herald and The High Country Herald reporters who played their part in notifying the public.

A two question street survey following the bell ringing was conducted.

Q1: Did you hear the Church bells ringing? Most did.

Q2: Did you know why they were ringing?

Forty-four people responded. Unfortunately the message is not getting through to the public as only 12 of the 44 knew why the bells were ringing.

I was very impressed with the friendliness and receptive attitude of all spoken to. Timaru is a great place to live and this is enhanced by the people who live here. A display of posters and free literature on FASD will be held at the Timaru Public Library from September 14 – 19.

Molly Aitchison

**TAURANGA UNION:** Tauranga members received special permission to hold an outside stall in the Square in the middle of Tauranga featuring FASD material for the passing public. A member rang a large hand bell.

Phyllis Irvine had people in Napier and Wellington ring the Cathedral bells.

I am sure that there are more reports that should have come in but hopefully these will be sent to Annette Paterson to go in the Convention Handbook.

## FETALLY FLAWED

Fetal Alcohol Spectrum Disorder (FASD) is a condition caused by women drinking alcohol during pregnancy.

The cost to families and the affected children are huge in physical and mental suffering as well as social adjustments which can last the lifetime of the victim.

Now the cost to the taxpayer is also huge and is estimated at \$1 billion a year. With the NZ drinking culture, prevalent in young women, this is an escalating problem. Half the women in a survey admitted to drinking alcohol during pregnancy which shows the message is not getting through.

Urgently we need a law to be made mandatory that all containers of alcohol have health warning labels attached as is the case on cigarette packets.

Another measure is that secondary schools, universities, and other colleges have educational speakers and literature on this subject brought in each year, to help prevent further damaged children who grow up to be damaged adults.

It is a 100 per cent preventable condition.

During the Parliamentary Health Select Committee debate, Law Commission president, Sir Geoffrey Palmer stated, 55% of NZ women thought it was OK to drink during pregnancy." And said, " that figure is concerning".

(the understatement of the year.) He went on to say," that most kiwi women do not know that drinking alcohol could harm their baby."

## SMOKING FACTS



Tobacco kills 30 to 50% of smokers

About 1 billion men and 250 million women throughout the world smoke daily

Smokers die at an average of 15 years earlier than non-smokers.

China leads the world in cigarette production.

It is no surprise then that nearly 60% of Chinese men smoke

Smokers in China consume more than 37% of the world's consumption

To make a start to control smoking China is planning to ban smoking in hospitals and medical clinics in the year 2011.

## ARCHIVES

Alcohol Fuels Crime in Timaru in the 1890's

Crime in the early days of South Canterbury was frequent but in most cases minor by today's standards.

For example, in 1891 J Gibson pleaded 'partly guilty' to being drunk in charge of a horse and cart explaining," It has been a pretty trying time for farmers and it is going to get more so."

The magistrate was unimpressed and fined him 40 shillings ( a lot of money for that time) and told him people in charge of vehicles needed to stay sober.

In 1864 there appeared to be a crime wave as his Honour, Mr Justice Gresson told the jury that the calendar was unusually heavy. In it were four charges of larceny, six charges of assaults with violence, two stabbings, one charge of arson, one of manslaughter, two of unlawful detention of letters, one of false pretences, and one of attempted suicide.

In these days that would be the weekend police work sheet with alcohol still fueling most of the crime. Some things never change....



## COOL DRINKS FOR THE FESTIVE SEASON

### GRAPE AND PINEAPPLE DELIGHT

Boil 1 cup of sugar with 2 cups of water for 5 minutes.  
 Add 1 cup of crushed pineapple, the juice of 2 lemons  
 2 cups of pure grape juice.  
 Place ice blocks in large jug. Pour mixture over ice and let stand for 10 minutes.  
 Just before serving add 2 ½ cups of water and thin slices of lemon. Chill.

### GRAPE PUNCH

Serves 100 guests

4 dozen lemons, 4 dozen oranges, 1.2 litres of grape juice 2.25kg sugar, 18 litres of water. Boil sugar and 4 litres of water for 5 minutes. When cold add remaining water and fruit juices. Add a few slices of orange to jugs and serve chilled.

*A pastor's 17 year old son asked his father if he could help him get a car. His father said if you get your grades up to acceptable level, read your Bible daily and get your long hair cut we will look at your request.*

*A few months later he showed his father the report card vastly improved, was reading his Bible but didn't get his hair cut. He said to his father, "my grades are up and I'm reading my Bible. I noted in the Bible that Moses, Abraham and even Jesus had long hair."*

*His father said, "yes and did you notice also that they even walked everywhere"*

*The mechanic texted his girl friend that his car wouldn't start. He said "The battery is flat." To which she replied "What shape should it be.?"*

*The little four year old boy was sitting on Santa's knee at a shopping Mall and was asked, "What's your name, little boy?"  
 Aghast, Jimmy replied, "Don't you know?"*

## DEVOTIONAL PAGE

### The Greatest Gift of All

About a mile east of Bethlehem are the fields where it is believed that the angel proclaimed the birth of Jesus to the Shepherds and even today they are sheep pastures.

Luke 2 v 8-18 tells the story of this occasion.

The shepherds were terrified as the glory of the Lord lit up the area.

The angel said, "Fear not, for behold I bring you good tidings of great joy, which shall be to all people. For unto you is born this day in the city of David, a Saviour, which is Christ the Lord."

Have you ever wondered why God didn't make this announcement to the Temple leaders and other religious leaders of the arrival of the long awaited Messiah? Why He chose these uneducated shepherds to relay the message of the angel?

In God's plan, Jesus was to be the sinless sacrificial Passover Lamb of God, who at a given time in the future would willingly surrender His life and be the sin bearer for those who would-

repent of their sins

believe that He is who He says He is, the Son of God

Trust Him and receive Him into their lives not only as their Saviour but Lord of their lives and receive the free gift of eternal life.

Jesus died on the cross, was buried, rose on the third day and now is seated at the right hand of God, interceding for those who have received Him.

The angel said, .."good tidings of great joy which shall be to ALL people". That includes everyone, you and me too if we say yes to Him.

This will be a life-changing experience that will last right through eternity.

### Prayer

Thank you God, for the gift of Your Son, the Lord Jesus Christ, who died on the cross that my sins are now forgiven and I thank you for this gift of eternal life. Now as a child of God I have made my peace with God and also know the peace of God.

With the help and strength of the indwelling Holy Spirit may I live a life pleasing to Your calling.

I know now the reason for the Season.

Amen





## OBITUARY

**Ruby May Hill**  
- 18-8-2009  
Levin WCTU Union



A service was held at the Salvation Army in Dann-  
evirke to farewell one of our most loyal and de-  
voted members.

May Hill was the President of the Levin Union for  
many years. In the past she had written and had  
published articles in the White Ribbon Digest on  
the Union news.

Although she had a very quiet personality, she was a very strong, committed per-  
son, which showed when she had to endure losing both of her sons at a relatively  
early age. She was a very popular member of the Hokio Beach community and  
the residents were very sad when she moved to Dannevirke to be cared for by her  
granddaughters .May reached the grand old age of 95 years and now is at peace  
with her Lord.



## PRAY FOR RUBY MORGAN

*Our thoughts, love and prayers are with our dear  
member Ruby Morgan of Auckland who suffered serious  
leg injuries and bruising in a traffic accident.  
We hope that you will make a good speedy recovery.*

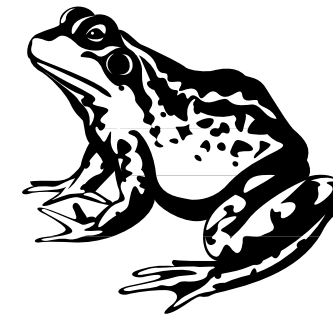
## KEEP KICKING

Two frogs were in a bowl of cream. One said to himself, "How did I ever get into this bowl of  
cream...I just can't get out ...I may as well sink down and drown. Besides there are plenty of  
worse ways a frog can die, I could be torn to pieces by a cat...yes, that's what I'll do, I'll just  
sink down in this cream and drown." And he did.

The second frog said to himself, "I'll be blown if I'm to croak in a bowl of cream...I refuse to  
die easily...I'm going to fight this thing! If I do go down, I'm going down with all flags flying!"  
He began to kick and splash and flap his little flippers. He would not give up! Every ounce of  
his energy was put into kicking against the cream until a strange thing started to happen.  
The cream began to slowly thicken because of his constant kicking until finally it turned into  
butter and he leaped out of the bowl!

The first frog died of an inferiority complex. The second frog was in the same bowl of cream  
but his attitude was different. As you begin to kick out at that particular "cream", what-  
ever it may be, by God's grace, that weakness will eventually be conquered and you will with  
great joy leap of faith get out of it. Remember it is your attitude to your particular problem  
that will determine your victory.

Do you really want to be free? do you want to be used of God?...do you care about the  
unsaved, do you want to help those who are caught up in the tangles of alcohol and other  
drugs and with compassion do all you can to help them?  
If so, begin kicking with all your heart.



White Ribbon Digest  
NZ WCTU NATIONAL CONVENTION

Pacific Park Christian Holiday Camp, 1110 Papamoa Beach Road,  
Papamoa, Tauranga  
MARCH 9th – 10th, 2010

COST \$135 including meals, outing and extras

Please arrive on Monday 8th, when a light evening meal will be provided

Registration Form:

Mrs Beverley Boardman, 179 Killarney Road, Hamilton 3204.  
Phone (07) 8470763 email bev.dave@xtra.co.nz  
By February 15th, 2010

Name .....

Address.....

.....

A non refundable deposit of \$50 is required with registration.

Please make cheques payable to WCTU

Do you require vegetarian meals  yes  no *please tick*

Other dietary needs, please state .....

Travel arrangements: Private car Train Bus to Te Puke Plane (circle)

Time and date of arrival .....

Time and date of departure .....

Do you need transport to Convention venue  yes  no *please tick*

White Ribbon Digest

**UNION OFFICERS**

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"To reduce health and social problems by promoting a lifestyle free of alcohol and other drugs."

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By signing the following pledge you may become a member of this organisation. "I affirm my life-long pledge of total abstinence from all intoxicating liquor as a beverage, and my willingness to pursue all proper means to discourage and prevent its use in society. I pledge myself to work and pray to this end by endeavouring to promote a personal purity of life, free from the menace of narcotic poisons and drugs, claiming always the promised guidance and help of God.

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