

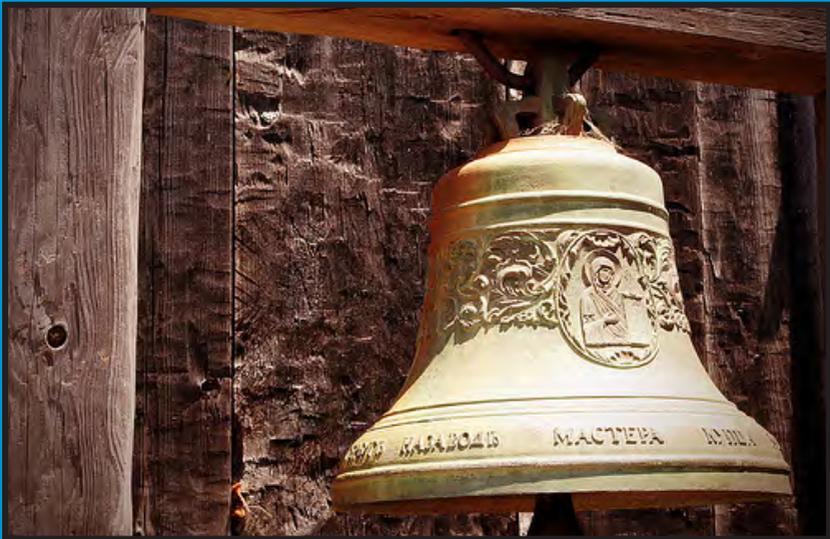
WCTU New Zealand

Volume 66, No 3
Spring 2011

WHITE RIBBON DIGEST

*"Promoting a Lifestyle Free of Alcohol
and other Drugs"*

For Whom the Bells Toll?

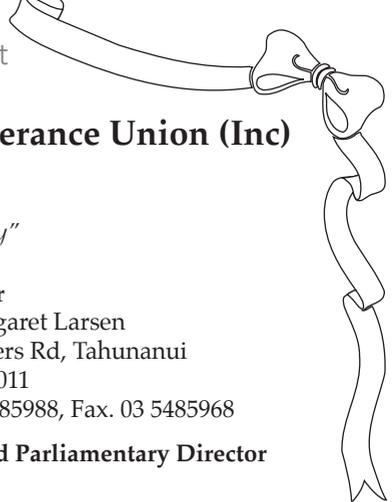


"They Toll for Our FAS Babies"

INSIDE THIS ISSUE:
A Dynamic Campaigner
What about Parents' Rights?
21 Shot Quiz

Plus more
WHITE RIBBON DIGEST

New Zealand Women's Christian Temperance Union (Inc)
Organised 1885



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Choice Words

"If a liar and deciever comes and says I wil prophesy for you plenty of wine and beer he will be just the prophet for the people" Micah 2V11 NIV

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President's Comments

At our recent NZWCTU executive meeting recently held in Auckland we received Ruth Hillsdon's resignation as President which we accepted with regret. I was asked to fill this position until the next Convention in Auckland in May when the Election of Officers will be held.

I have accepted the challenge and look forward to representing the WCTU membership as we go forward .

At our executive meeting we welcomed Australian WCTU President, Mrs Ellen Chandler, to a business session. In 2013 Australia WCTU is hosting the World WCTU Convention. New Zealand members are being asked if they could help with a presentation on Suffrage as NZ was the first country to obtain the vote for women. Kate Sheppard was a member of WCTU. In her position as Franchise Department superintendent in WCTU and with her gift for organising, she spearheaded the vote for women.

Some other WCTU members and I attended the Family First Forum and we were very impressed with the speakers. One speaker was Dr Albert Makary, a gynaecologist from Timaru and another was Prof. Doug Sellman, both highly professional medical men who are pleading with the Government to make laws that will make our society a safer place to live.

Fetal Alcohol Spectrum Day (FAS) is held on the 9 September each year. In some areas Church or School bells will be rung at 9 minutes past nine for one minute warning the public of the dangers of drinking alcohol during pregnancy. All who can take part please do so.

A promise from the Bible:

“As I was with Moses so I will be with You. I will not fail you or forsake you.”

Annette Paterson

Thought

How far you go in life depends on you being
Tender with the young, compassionate with the aged,
Sympathetic with the striving, tolerant of the weak and strong
because someday in your life you will have been all of these.

Save Your Child

Why is it that so many women do not want to know, listen to or read about Fetal Alcohol Spectrum Disorder (FASD) until they are delivered of a brain-damaged or physically disabled baby? About seven years ago it was estimated that there were about 60 FAS babies born each year. Recent reports give a conservative number of 3,000!

Is it only New Zealanders who have this attitude “it won’t happen to me” or “I only drink wine and doctors say that is good for you.”?

Canterbury has been rocked by disastrous earthquakes and aftershocks for almost a year but very few residents were prepared with the basics for emergency supplies to last the families for at least three days. That same attitude ‘it won’t happen to me’ prevailed. For many years newspaper articles and TV ads on what to do were in the back pages of all telephone directories and what supplies to have in the emergency box, has in most cases fallen on deaf ears. Even now there are plenty of residents in these areas who have still not got the message and would rather wait and wait for handouts.....

We must continue to promote the FAS message. We have been waiting many years for a Bill to come before Parliament to have mandatory health warning labels on all containers of alcohol. The latest news is that the liquor indus-

try is so scared that health warning labels may be introduced that they are thinking of putting their own on. If they do it will be a ‘Clayton’s message’. For those too young to remember the brewers once produced a non-alcoholic drink for those who were the designated driver for the night and it was called a ‘Clayton’s’, the drink you have when you are not having a drink!

No parent in their right mind would want to hurt their unborn baby. Although FAS cannot be cured, if the diagnosis is made early enough treatment can commence to help the child develop and lead as normal the life as possible within the framework of the disabilities.

The effects can be from mild to severe, but all can be prevented if the mother does not drink alcohol during her pregnancy. The child and the parents could be saved years of anguish and hardship. Some of our medical authorities have been (and still are) slow in getting this message out to their patients. Parents who have a FAS child need all the support they can get and should not be made to feel guilty.

Each year 9 September is Fetal Alcohol Spectrum Day (FAS)

On the day, please tell someone of child-bearing age about the dangers of drinking alcohol during pregnancy.

Kronic

During the past two years another recreational drug, Kronic, has been imported and introduced to a pleasure-seeking section of our society. As a result some horrific side-effects are worrying the medical staff who have to try to treat patients when it is not known what chemicals are involved. The scientific testing and researching into the different types of these dangerous drug additives have been found to damage and injure brain and body cells of the users. Parliamentarians are seeking to bring about new laws that will make importers liable to prove that the product is safe to be used by humans. People throughout New Zealand have been boycotting local dairies and other places selling Kronic and this action has forced many to stop selling it.

More Shots on High- Energy Caffeine Drinks

High powered energy drinks often contain three to four times more caffeine than a cup of coffee.

Although these drinks have been around for a few years there have been an increasing number of medical studies and reports on some of the side effects on young patients who have been consuming four to five cans regularly. Some of the side effects range from minor to severe and include anxiety, panic attacks, chest pain, rapid heart rate, nausea, diarrhoea, high blood pressure, hallucinations and seizures. For those with existing kidney or heart problems this could cause organ failure.

Parents should be aware of these dangers and encourage their children to drink plenty of water from an early age and use cordials occasionally .

These caffeine laden drinks have no benefit in the diet and hopefully the Health authorities will soon have health warning labels printed on the cans. It hasn't taken the breweries long to start adding alcohol to these high-powered caffeine cans as is the case of :-

- Red Bull and Vodka which contains 80mgms of caffeine in a 250ml can
- Espresso Coffee contains 77mgm of caffeine in a 250 ml cup
- Brewed coffee contains 108 mgm of caffeine in a 250ml cup

Caffeine-loaded drinks make the chances of the intoxicated person now becoming a wide-awake drunk! This increases the risk of a person making a rash decision to drive when normally they wouldn't. Drunks have been found to become more violent after drinking a combination of alcohol and highly caffeinated energy drinks.

ALAC Buried?

In a news release Friday, 17th June 2011, Prof Doug Sellman, medical spokesperson for Alcohol Action NZ stated "that the Government looked poised to bury the Alcohol Liquor Advisory Council of NZ (ALAC) and have it merge with Health Sponsorship Council (HSC) and the Ministry of Health."

According to Prof.Sellman ALAC would lose its independence, plus its \$12 million annual budget and basically disappear.(abridged)

In its 35 years of existence ALAC has had a Government mandate to promote moderation in alcohol drinking. On the Council there has always been a member from the liquor trade but they would never allow anyone who would like to promote an alternative alcohol-free life-style, especially to young people in schools. Those wishing to see ALAC take a more direct action when it comes to making submissions on Liquor Reform have been disappointed. To give ALAC credit it has made some good graphic TV presentations regarding drink-driving and some worthwhile literature.

The drinking of alcohol with its down-side culture of crime, bingeing by all age groups, assaults, domestic violence and all other aspects of out-of-control drinking has reached epidemic proportions. This does not go well on ALAC's 35 year old record! One can see why ALAC has not been performing well and so other measures had to be looked at. It is sad to see that it has taken the Government so long to read the writing on the wall. The policy to teach young people to drink safely has blown up in their faces and it is this stance that has caused their demise.

Children who start drinking before the age of 15 are five times more likely to develop alcohol problems than those who start after the age of 21.

A person who starts drinking at the age of 21 has only a seven per cent chance of becoming addicted. Young people who don't drink at all up to the age of 21 often find that they don't want to and enjoy a life free from the control of any drug.

"We cannot expect to solve today's problems with the same things that created them" (Einstein)

A Dynamic Campaigner Demands Answers



Dr Albert Makary is an obstetrician and gynaecologist who has been working at the Timaru Public Hospital for the past 20 years. With this first-hand experience he is able to give competent opinions on the problems that he experiences in his work. His growing concern for the binge-drinking culture of New Zealanders and the problems that come from it has given him his zeal to become an active campaigner. As he travels around the country speaking at public meetings he encourages like-minded people to join in and speak up in an effort to help solve some of these problems. He is calling on all members of Parliament (MPs) national leaders, sports personalities, parents, schools and the media to 'stigmatise' the promiscuity and binge

drinking behaviour that so often go together. This will not happen overnight but must start somewhere and we can't leave it for someone else to do.

Dr Makary states that a survey by a condom maker said that, "New Zealand women were the most promiscuous in the world with 20.3 sexual partners on average. The world average was 7.3. Kiwi men were also above-average with 16.8 sexual partners. New Zealand was the only country in the world where women had more sexual partners than men!"

Dr Makary sees patients every day who tell him that they can't remember who they slept with the night before. Nationally, thousands of young women walk into clinics each year with the same story. Instead of being embarrassed and ashamed of their conduct they are proud of it. Dr Makary says that "here is a culture which says if you can remember what happened yesterday you haven't had enough fun!" There is a lot of pressure on young people to conform to this culture. One University student boasted that she had slept with 20 men in orientation week.

In his talk to the recent Family First Forum he said" that NZ society 'normalised' drunkenness and promiscuity. That sex education focused on 'safe sex' and implied that sleeping around was ok as

long as you are wearing the ‘right gear’. He said that promiscuity undermines stable life-long relationships.

Dr Makary features in a documentary “Kiwiroots” made by two Dunedin film makers. It is subtitled “an honest look at one of the world’s most promiscuous nations”. (That should grab the attention of our politicians!) The film contains interviews with young people, health professionals, a sex worker, counsellors and others, talking about promiscuity,

alcohol abuse, abortion and relationships. It is expected to have its first screening at a film festival later this year and is expected to shock the viewers. Hopefully it will be a wake-up call for the nation.

Thank you Dr Makary, Prof Doug Sellman and Bob McCroskrie of Family First for your enthusiasm and tireless energy to get these messages out to the public.

Please God, Defend New Zealand!

Many of today’s problems can be traced back to about 35–40 years ago when Family Planning with Government approval brought a sex education programme into New Zealand schools. As time has gone on the message has become more graphic. It has now reached the point where children as young as 13 are taught and shown how to use condoms and these are freely available for them to obtain. That in conjunction with our increasingly liberal liquor laws this has created many problems. Nowhere in these programmes are children encouraged to abstain from sex until marriage. Each incoming government removes more and more of parents rights but tells the children about their rights without telling them that with rights come responsibilities and consequences for wrong actions. Effective discipline has been removed from schools and homes by law and we can see the results of an undisciplined society. From being a hard-working, healthy nation, there are now an increasing number who don’t want to work or can’t work because of alcohol and drug use but expect to carry on this life-style dependent on welfare. A sad saga of a once proud nation.

Even our National Anthem, God Defend New Zealand is rarely heard.

What About Parents Rights?

It is about 10 years since it came to the notice of the public that secondary school counsellors were arranging for school girls as young as 13 years to be taken to have abortions without the knowledge of the parents, guardians or caregivers.

Although this hit the headlines in some newspapers and many concerned people wrote to their Members of Parliament (MP's) it was ignored by all authorities. The reason stated was because of the Privacy Act 1993 parents need not be informed! Since then, New Zealand parents continue to be deprived of their rights.

Some of the reasons given by the public opposing this decision was that:

A young girl if pregnant needed the support of her family at this time.

So often after an abortion the female may suffer depression of various degrees and may become suicidal and need medical help.

One of the most serious objections was that the young person could suffer a severe haemorrhage as a result of complications following the surgical procedure and die in her sleep.

Who then would be responsible for her death? The school counsellor? The school? Family Planning? The abortion clinic? The doctor?

Today children are given rights instead of guidelines but can't or won't handle responsibility. Children under 16 years have to have written permission to have ear or other body piercings, leave the school grounds during school hours, go on school trips but not to have a dangerous surgical procedure that may go wrong. How crazy is that?

Our MPs, medical, health and education authorities need to urgently sort out this predicament.

Family Planning who is the instigator of our liberal sex education in schools manages to keep its head down in these discussions. Since the teaching of so-called 'safe sex' education programmes in secondary schools, the teenage abortion rate has sky-rocketed. There is a need for programmes to be included that promote abstaining from sex before marriage. This would bring down the high rate of Sexually Transmitted Diseases (STDs) in this country and our high rate of divorces.

Memo

Dear Mum and Dad

Don't spoil me. I know quite well that I ought not to have all that I ask for. I am only testing you.

Don't be afraid to be firm with me. I prefer it. It makes me feel more secure.

Don't let me form bad habits. I have to rely on you to direct me in the early stages.

Don't make me feel smaller than I am. It only makes me behave stupidly big

Try not to correct me in front of people if you can help it. I'll take more notice if you talk with me quietly in private

Don't protect me from consequences. I need to learn the painful way, sometimes

Don't try to preach to me. You'd be surprised how well I know right from wrong

Don't nag. If you do, I shall have to protect myself by appearing deaf

Don't forget that I can't explain myself as well as I should like. This is why I'm not always accurate

Don't make rash promises. I feel badly let down when promises are broken

Don't tax my honesty too much. I am easily frightened into telling lies

Don't be inconsistent. That completely confuses me and makes me lose faith in you

Don't tell me my fears are silly. They are very real

Don't try to put me off when I ask questions. If you do, you will find that I stop asking you and seek answers elsewhere

Never suggest that you are perfect or infallible. It gives me too great a shock when I discover that you are neither

Do not ever think, that it is beneath your dignity to apologise to me. An honest apology makes me feel surprisingly warm towards you

Don't forget that I live experimenting. I couldn't get on without it, so please put up with it

Don't do things for me that I can do for myself. It makes me feel such a baby and I may continue to put you in my service

Don't forget how quickly I am growing up. It must be very difficult to keep pace with me, please try

Don't forget that I can't thrive without lots of love and understanding

But I don't need to tell you that

(signed) your loving teenager

Here is a quiz to stimulate your brains

21- Shot Questionnaire

1. If alcohol was an illegal drug, what would be its classification under the Misuse of Drugs Act using the new 2001 evidence-based criteria?

- a. Class A along with heroin
- b. Class B along with ecstasy
- c. Class C along with cannabis
- d. Not prohibited but regulated

Answer b. Alcohol has been demonstrated to have the same harm equivalent of a Class B drug.(High Risk to Public Health) which puts it in the same category as morphine, "fantasy", ecstasy and d-amphetamine.

2. How many new Zealanders die each year of alcohol-related causes?

- a. 10
- b. 100
- c. 1,000
- d. 10,000

Answer: c. A little over 1,000, half of which are from acute injury and half from chronic disease. That means that 20 NZ'ers die each week from alcohol-related causes.

3. How many physical assaults and sexual assaults each year in NZ are alcohol-related?

- a. 70
- b. 700
- c. 7,000
- d. 70,000

Answer: d. 70,000, which is about 200 assaults per day.

4. How many alcohol-related offences are committed every day in NZ according to Police statistics?

- a. 3
- b. 30
- c. 300
- d. 3,000

Answer: c. A little over 300 but remember this is the number detected by Police and therefore is a significant underestimate.

5. How many different medical conditions are specifically caused by heavy drinking?

- a. 6
- b. 60
- c. 600
- d. 6,000

Answer b not just liver cirrhosis

6. Does alcohol increase the risk of cancer?

A probably not B possibly. C probably d. Definitely

Answer : d. Alcohol is a Group 1 carcinogen according to the World Health Organisation classification, which means it has been shown to be definitely carcinogenic. NZ 's three most common cancers – breast, prostate and bowel are

directly linked to alcohol use.

7. True or false? People, especially men, under the influence of alcohol are more likely to act aggressively, but only if they have a pre-existing anger in their personalities.

Answer: False. People especially men under the influence of alcohol have been shown to administer heavier and more frequent electric shocks to a fake competitor even when they have normal personalities, compared with those under the influence of orange juice.

8. According to two independent scientific studies, how many heavy drinkers are there in NZ?

Answer: About 25% of drinkers are heavy drinkers, which is around 700,000 heavy drinkers in NZ, the total population of Christchurch and Wellington combined, but this is likely to be an underestimate.

9. What percentage of the heavy drinkers are under the age of 20 years?

a. Less than 10% b. 10-20% c. 20-40% d. Greater than 40%

Answer: a. Less than 10% of the heavy drinkers in NZ are under the age of 20. The heavy drinking culture is essentially an adult problem, not primarily a youth problem.

10. Up to how many New Zealand children are born each year with Fetal Alcohol Spectrum Disorder(FASD) ?

a. 3 b. 30 c. 300 d. 3000

Answer: Up to 3000. Previously it was thought to be at least 600, but recent New Zealand data shows that there are probably more – up to 3000 NZ children born with FASD each year. NB: The lifetime costs of one child suffering FASD in the US has been estimated at \$750,000.(Quoted by Easton 2003.)

11. Is there such a thing as “safe drinking?”

Answer: No. As in smoking, there is no such thing as “safe drinking”. It is a matter of low risk. Low risk drinking has been defined as a 1 in 100 chance of dying over a lifetime of an alcohol-related event, which equates to no more than two standard drinks per day. Using the same definition, low-risk smoking is less than five cigarettes per week.

12. The total energy requirement of a sedentary adult is about 1800 calories. How many calories are there in a bottle of wine?

Answer: About 600 calories. Alcohol can be very fattening.

13. True or false? Over half of the alcohol consumed by New Zealanders is during heavy drinking episodes.

Answer: True. This means that over half of the alcohol industry profit in New Zealand comes from heavy drinking.

14. The Law Commission's final report (2010) pointed to commercialisation of alcohol as a key driver of the problem of alcohol-related harm.

What was the specific phrase they used?

- a. Inadequately regulated commercialisation of alcohol
- b. Excessive commercialisation of alcohol
- c. Unbridled commercialisation of alcohol
- d. Commercial freedom for marketing and selling alcohol.

Answer: c. Unbridled commercialisation of alcohol.

15. True or false?

Working out what policies would make a difference to a heavy drinking culture is largely academic guesswork.

Answer: False. Just as for tobacco, there is a strong body of scientific evidence on what Alcohol policies would make a difference to reducing alcohol-related problems. A seminal World Health Organisation (WHO) publication has assembled this body of literature in "Alcohol : No ordinary Commodity" (Babor et al 2010) on which the 5+ Solution is directly based on.

16. What is the most effective and easily enacted alcohol policy that a Government could enact in order to reduce heavy drinking?

- a. Undertake a broad-based educational programme targeting youth.
- b. Decrease the % alcohol content of Ready To Drink (RTDs) to a maximum of 5%.
- c. Increase the price of alcohol in relation to disposable income
- d. Reduce the hours during which alcohol can be purchased.

Answer: c. There is strong evidence to support this measure.

17. What is the least effective of the following alcohol policies that government could enact in order to reduce heavy drinking?

- a. Undertake a broad-based educational programme targeting youth.
- b. Decrease the % alcohol content of RTDs to a maximum of 5%.
- c. Increase the price of alcohol in relation to disposable income.
- d. Reduce the hours during which alcohol can be purchased.

Answer a. A large body of research evaluating a wide range educational programmes and media campaigns demonstrates that these measures are largely

ineffective. They may change knowledge in some cases but not change behaviour.

18. “Loi Evin” is the name of the strategy that has brought the marketing of alcohol into line with marketing restrictions for tobacco in France. Did the Law Commission recommend that a similar strategy be adopted in New Zealand?

Answer: Yes, but it has not been included in the Alcohol Reform Bill (2011)

19. Internal industry memos have revealed the alcohol policy that is feared the most by alcohol corporations. Which of the following is it?

- a. Increase in excise taxes
- b. Reduce marketing of alcohol
- c. Reduce the blood alcohol limit for driving
- d. All of the above

Answer: d

20. How many people with a drink-driving conviction in New Zealand receive an alcohol assessment as part of sentencing?

- a. about 50%
- b. 20 -30%
- c. about 10%
- d. less than 5%

Answer: d.

21. Where did the following sound-bite originate? “The majority of people who drink do so responsibly, so it would be unfair to penalise the majority to pay for the actions of a few.”

- a. Hon Peter Dunne, Associate Minister of Health
- b. Hon Simon Power, Minister of Justice
- c. Hon John Key, Prime Minister
- d. Alcohol and tobacco industry public relations

Answer d. This phrase originated from PR of Phillip Morris and the Miller Brewing Company specifically to divert public discussions away from effective alcohol policies such as increased excise tax and advertising restrictions. It has become a standard part of speeches by a number of senior politicians.

Thank you Alcohol Action for permission to use this informative Quiz

News in Brief

Active Recovery Centre (ARC) Christchurch reported a huge (tenfold) increase in people with alcohol & other drugs and gambling problems attending meetings from 73 in July 2010 to 754 in December '10 .This is attributed to the 4 September 2010 Christchurch earthquake and the ongoing earthquakes and 7,500 aftershocks is expected to keep the number up.

Seeking Help

One third of young adults have reported with a drinking problem.

Seven percent of problem drinkers sought help.

Alcohol Related Patients

Patients with alcohol related problems and injuries made up half of the patients that attended the Christchurch Emergency Department prior to the earthquakes. These were alcoholic poisoning or alcohol-related injuries by fights falls, assaults while drunk and sexual assaults while drunk.

Two Standard Drinks Risk

Two standard alcoholic drinks per day increased a drinkers risk of mouth cancer by 75 per cent.

Two standard drinks of alcohol increased risk for women of breast cancer by 22 per cent.

Drinking Game

It is not surprising that many young teenagers believe drinking alcohol is a game when they see adults playing these 'drinking games 'at family gatherings.

Spray it Away

The Otago University School of Medicine is running a \$1.6 million study on a nicotine oral spray used to help people stop smoking and so far the results are encouraging.

Fine Parents

In Queensland, Australian parents who supply their underage children with alcohol for parties and celebrations will face fines up to \$6,000.

4 Worms Church Service

(For those who missed church service on Sunday- here is a recap on four worms and a lesson to be learnt.)

The minister decided that a visual demonstration would add emphasis to his Sunday service.

Four worms were placed into four separate jars.

The first worm was placed in a container of alcohol.

The second worm was placed in a container of cigarette smoke.

The third worm was placed in a container of chocolate syrup.

The fourth worm was placed in a container of good soil.

The first worm in the alcohol was DEAD

The second worm in the cigarette smoke was DEAD

The third worm in the chocolate syrup was DEAD

The fourth worm in the good soil was ALIVE

So the minister asked the congregation “what did you learn from this demonstration?”

Maxine was sitting in the back and quickly raised her hand and said, ”As long as you drink alcohol, smoke cigarettes and eat chocolate you won’t have worms!”

That pretty much ended the service

Union News

Thank you, Auckland Union for this follow-up.

Suffrage Memorial to Stay

The suffrage centenary memorial will stay in its present site in Auckland, despite pressure to replace it with a wide staircase from Lorne Street to serve the upgraded Auckland Art Gallery. Auckland Council’s culture, arts and events forum favours the option to keep the steps encased by the tile mosaic memorial while providing an additional staircase through a blank wall in Upper Khartoum Place. It also has been decided to preserve the memorial into perpetuity. It was created in 1993 in Khartoum Place .

Mayor Len Brown wanted the memorial intact as a ‘national treasure’ but wanted to improve Khartoum Place to let more sunlight in and make it more of a social club.

Devotional Page

The Story of Mr Eternity



Do you remember the year 2000 as we watched all the exciting millennium celebrations as the TV cameras focused on all the various countries landmarks? As the Sydney Harbour Bridge came into view there was this terrific fireworks display coming off it but also very visible across the arch was the word 'eternity' I later found out that behind those words was a very interesting story and in a couple of paragraphs will try to tell you about an Australian man who was known as Mr Eternity.

Athur Stace was born 1884 into a poor home. His father was an alcoholic and his mother ran a brothel. The three boys grew up uneducated and all become alcoholics and the two girls become prostitutes. Violence was the norm in this dysfunctional home and the children had to steal food to survive and ran wild. Arthur served his first prison sentence at aged 15. He lived the life of a petty criminal and a methylated spirit drinker.

During the depression years of the 30s, an Anglican Archbishop ran a meeting for about 300 needy men where they were given some food and heard the gospel message. Looking around at some well-dressed men who were helping Arthur asked who they were. He was told that they were Christians to which he replied, "I want to be like them. I want what they have."

After hearing the good news that Jesus could save to the uttermost he went across the road to a park where he fell on his knees. With tears of sorrow and repentance Arthur cried out, "God be merciful to me a sinner". That sincere cry was the pivot on which Arthur's life was changed.

The Bible says "that if anyone is in Christ he is a new creature, the old has gone, the new has come." That is what happened to Arthur then aged 46. For the next 33 years, in sheer appreciation to God for His grace in saving him from a life of crime and alcoholism, he walked the streets of Sydney with a piece of chalk in the early mornings to write the word Eternity on the footpaths. His one word sermon warning his fellow citizens to prepare to meet the Lord. He had no education (his wife read his mail for him) and he could scarcely write his own name but God gave him an unusual ability to write on the asphalt in perfect

“copperplate” writing that one word. It is estimated that he wrote it throughout the City at least half a million times. Millions of Sydney’s citizens have been challenged through reading Arthur’s one-word sermon. For 24 years no one knew the identity of the writer but when it was revealed he became known as Mr Eternity. Sydney’s Millennium organising committee wrote his sermon on the bridge for all to see in honour of a remarkable person who served his Lord in the only way he knew. Arthur Stace entered eternity 30 July 1967.

The Gospel of Jesus Christ is the power of God unto salvation to ‘everyone that

believes’. Death is but a gateway to eternity and there are two eternal destinations. What you do with Jesus Christ determines your eternal destiny.

“For God so loved the world that He gave his only begotten Son, that whoever believes in him shall not perish but have everlasting life.” (John 3 v 16) Where will you spend eternity?



A Brighter Note

A client brought a litter of golden retriever puppies to the veterinary clinic for their ‘shots’. As the look-a-like pups moved about in the box the vet realised that it was going to be difficult to tell who had been treated.

He turned on the tap and moistened each pup’s head when it had been treated. After the fourth pup, the normally talkative client had grown silent. As he sprinkled water on the last pup’s head the woman leaned forward and said, “I didn’t know that they had to be baptised!”



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Pres. Mrs M. Larsen, 109 Parkers Road, Tahunanui, Nelson 7011, 03 5485988

Sec. Mrs R. Gray, 3 Piko Street, Nelson 7010, 03 5483809

Treas. Mrs B. Watts, 1/103 Tipahi Street, Nelson 7010, 03 5480633

NORTH CANTERBURY

Sec. Mrs D. McCone, 2/9 Northfield Road, Christchurch 8051, 03 3526433

Treas. Mrs B. Osborne, 40 Uxbridge Street, Christchurch 8051, 03 3527482

TIMARU

Contact Mrs M. Aitchison, 84 Glen Street, Timaru 7910, 03 6884642



MISSION STATEMENT

“To reduce health and social problems by promoting a lifestyle free of alcohol and other drugs.”

YOU ARE NEEDED

You can assist the NZWCTU by becoming a member and/or subscriber to the WHITE RIBBON DIGEST.

By signing the following pledge you may become a member of this organisation. “I affirm my life-long pledge of total abstinence from all intoxicating liquor as a beverage, and my willingness to pursue all proper means to discourage and prevent its use in society. I pledge myself to work and pray to this end by endeavouring to promote a personal purity of life, free from the menace of narcotic poisons and drugs, claiming always the promised guidance and help of God.

Signed

Membership fee \$15 per annum includes WRD	\$
WHITE RIBBON DIGEST fee \$10 per annum	\$
Overseas \$18 per annum (includes postage	\$
Donation	\$

Men are eligible for full membership
For further information contact Mrs Janet Palmer
201 TiroTiro Rd
Levin 5510

Applications from Advertisers are welcomed also.

If you enjoyed reading this Digest and would like to receive future copies please send to
Mrs M Larsen,
109 Parkers Rd, Tahunanui,
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